

We bring care to  
your holiday experience.



Call: 600 52 4442 for appointments at our hospitals in Sharjah & Dubai

DUBAI: P. O. Box 48577, Al Nahda, U.A.E. Tel: 04 267 8866. SHARJAH: P. O. Box 457, Al Nasserya, U.A.E. Tel: 06 565 8866  
email: [info@zulekhahealthcare.com](mailto:info@zulekhahealthcare.com) • [www.zulekhahealthcare.com](http://www.zulekhahealthcare.com)   



**Zulekha Hospital**  
LLC  
Your Health Matters



## United Arab Emirates, the nation that continues to realise dreams.



**United Arab Emirates (U.A.E)** is a country on the west coast of the Persian Gulf consisting of seven emirates - Abu Dhabi,

Dubai, Sharjah, Ajman, Al Ain, Ras Al-Khaimah and Fujairah. The United Arab Emirates is situated on a peninsula in the Arabian Gulf and was formed in 1971.

This fast developing coastal nation is bordered by Oman to the east and Saudi Arabia to the west and south. Iran is the closest country to it from the north.

Zulekha Healthcare Group,  
one of the oldest and leading private healthcare  
providers in UAE.



The evolution of Zulekha Hospital from a 30-Bed facility to a 32 department multi-speciality healthcare landmark is a definite sign of progressive implementation.

Every world-class health facility measures growth by the number of facilities offered to the community and Zulekha Healthcare Group can take pride in all modern facilities available today. Additional to this, multiple disciplinary specializations are now being converted into super-specialization departments. The global vision of Zulekha Healthcare Group is based on these critical departments as we strive to serve you better.

## Medical Specialities

- Accident & Emergency • Anaesthesiology & Intensive Care
- Cardiology & Interventional Cardiology • Dentistry • Dermatology and Cosmetology
- Gastroenterology • General Surgery • Internal Medicine • Minimal Access Surgery
- Neuro Surgery • Nephrology and Dialysis • Obstetrics & Gynaecology
- Ophthalmology • Orthopaedics • Otolaryngology (ENT) • Paediatrics & Neonatology
- Urology • Weightloss Surgery

## Support Services

- Rehabilitation & Physiotherapy
- Radiology
- Laboratory
- Pharmacy

Destinations that tell stories of commitment and dedication to provide a better life.



The Coin bldg. in Abu Dhabi



Al Majas in Sharjah



Al Qasba in Sharjah

**DUBAI:** This is the most vibrant emirate of UAE and summarises the ambitious attitude of UAE. Dubai's cosmopolitan flavor is matched by the city's many restaurants and entertainment venues, which provide a truly international array of choices for the visitor. Dubai has a year-round sunny climate with rain a very rare occurrence, happening only a few times a year. Dubai is also famously known for its Shopping Experience.

**SHARJAH:** This emirate is the cultural capital of UAE and has some of the most intriguing traditional architecture in the country. Archeological museums, numerous traditional buildings, natural history museums and souks form the heart of this glorious emirate that can rival any destination to buy handicrafts from Iran, Pakistan and Afghanistan. Sharjah is also popularly known for its glorious past and promising future.

# Zulekha Healthcare Group

The legacy of 50 years providing compassionate care.



Zulekha Healthcare Group is the first in UAE to have both its multi-specialty hospitals certified by Joint Commission International of USA for excellent medical care standards.

Zulekha Hospitals has dedicated Centers of Excellence for several key specialties and super-specialties. They are unique and state-of-the-art facilities spread across several of the Zulekha hospital location and each Centre of Excellence stands out as a citadel of excellence.

Having its facilities in Dubai and Sharjah, patients from as far as United States and Europe other than the neighboring region visit both our facilities for super-specialised treatments like High-risk Cardiac care, Total Knee / Hip Replacement surgery,

Gynaec Laparoscopic surgery, Weight loss treatments and Pediatric Surgeries.

The laboratories are College of American Pathologist (CAP standard) accredited. The Group is also a recipient of the prestigious Dubai Quality Award for customer service and care.



# Centers of Excellence

## Orthopaedics & Joint Replacement Surgery



### Areas of Excellence:

- Joint Replacement Surgery
  - Knee
  - Hip
  - Shoulder
- Minimal Invasive Surgery (Arthroscopic Surgery of Knee and Shoulder)
- Soft Tissue Surgery and Joint Preservation
- Sports Medicine
- Limb Lengthening and Deformity Correction
- Paediatric Orthopaedic Surgery
- Spinal Instrumentation and Surgery
- Physiotherapy



## Centers of Excellence Cardiac Care and Interventional Cardiology



### Non Invasive Cardiology

- 24 hour Holter monitor
- 2D Echocardiogram
- Transesophageal Echocardiogram
- Exercise / Dobutamine stress Echocardiogram
- Exercise Stress Test

### Invasive Cardiology

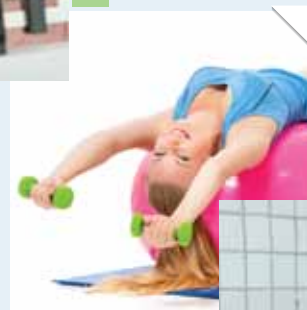
- Cardiac catheterization
- Coronary intervention
- Peripheral angiogram and interventions: carotid, renal, celiac, mesenteric and extremities
- Permanent pacemaker placement
- AICD/ CRT placement
- ASD/ PFO closure

# Centers of Excellence Laparoscopy & Weight loss Surgery

IS YOUR OBESITY  
WEIGHING  
YOU DOWN?

CLINICAL MANAGEMENT & WEIGHT REDUCTION  
SURGERY AVAILABLE AT ZULEKHA HOSPITAL

OBESITY CLINIC WITH BARIATRIC SURGERY



## Areas of Excellence:

- Laparoscopic sleeve gastrectomy and bypass Weight Loss Surgery
- Laparoscopic colonic surgery for benign and cancer disease
- Laparoscopic anterior resection for cancer rectum
- Laparoscopic surgery for ovarian cancer
- Laparoscopic surgery for gall stones and common bile duct by pass
- Laparoscopic appendectomy, hiatus hernia, gastrectomy, repair for prolapsed rectum, hepatic tumors and ovarian cystectomy
- Laparoscopic hysterectomy and fibroid removal





## Centers of Excellence Paediatric Orthopaedics & Paediatric Surgery



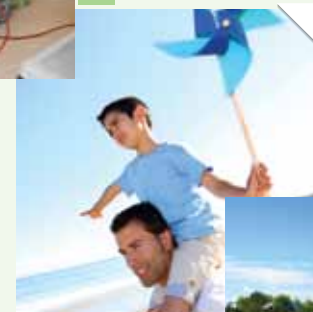
The Paediatric Package is a specialised service which provides surgical and non-surgical treatment for conditions affecting children. Our expert team of Paediatric Orthopaedician, surgeons, therapists and nurses specialize in treating babies and children with congenital, developmental and acquired musculoskeletal conditions.

We also provide extensive out-patient and rehabilitation services for children with congenital and developmental musculoskeletal conditions supported by specialized Neonatal & Paediatric ICU.

### Areas of Excellence

- General Paediatric Surgery
- Paediatric Urology
- Paediatric Orthopaedics
- Paediatric Endocrinology

# Holiday Dialysis



Zulekha Hospital provides dialysis in a holiday-like setting. Eventually, your dream vacation in Dubai with our high standard of medical services - can easily come true without bothering about dialysis care; with added warmth of hospitality.

Our Quality service and treatment are key drivers to deliver and abide to international standards; as a result Zulekha Hospital is awarded with the Joint Commission International award.

**Nephrology and Dialysis unit at Zulekha Hospital:** The Unit has the latest B. Braun Dialog + Dialysis Machine program of Hemodialysis for acute and chronic renal failure patients.

Performance of vascular access in form of insertion of double lumen catheters, creation of A.V. Fistula peritoneal dialysis and renal biopsy is being practiced here with one to one nursing care.

**Services Offered:** Hemodialysis for acute and Chronic Renal failure Renal Biopsy Creatine/Vascular access in form of Double Lumen. Zulekha Hospital has the pleasure to serve you

seven days a week throughout the year.

Through the wide variety of dialysis intervals, you can choose your dialysis session at your convenience based on your holiday schedule.

As soon as you arrive to our hospital, you will receive a warm welcome by our staff, who will render you guidance and advice you at every step of your procedure. While treated at the dialysis unit, you may select whether to enjoy watching TV, listening to music while reading, or even browsing the internet using our free ADSL/Wi-Fi services.



Beyond clinical treatment,  
we also take care of your travel, stay and return.



Choose us as your preferred health care destination. You can email, telephone or fax your medical requirements to us and we will reply with all the required details and travel advice. Drop us a line and our Care Officers will contact you.

### Ten Easy Steps to experience international quality care

**1. Get in touch** - Contact Zulekha Hospital International Patient Desk by **Email:** [marketing@zulekhahospitals.com](mailto:marketing@zulekhahospitals.com)  
**Mobile:** +971 50 8789 369 **Phone:** +971 4 2175749 or our International representatives in your country.

**2. Send us your medical history** - In order to provide you the best treatment in our facility, we encourage you to send us the results of your latest tests, i.e. angiography, echo-cardiogram, MRI, CT Scans or other documents, for further review and evaluation.

**3. Online consultation: Tailor making your treatment** - Our doctors start on assessing your medical history and your existing condition and they will discuss • The various procedures and discuss the best treatment for you • New surgical, minimal invasive techniques, ensuring a reduced hospital stay and the recovery • Regional or general anaesthesia and the lowest infection rates at our hospital • Advanced medicines that ensure the relief of pain and maximize ability of patients to enjoy an active life • Physical therapy programs for your speedy recovery • Making your flight back home pain free and comfortable.

# International Patient care



**4. Arrange your trip** - You can start to arrange your flight tickets. VISA to UAE will be provided by Zulekha Hospital or through our Trusted Airline Partner on submission of your passport copy and recent passport size photograph.

**5. Arrival** - On arrival at Dubai Airport, our Zulekha Hospital representative (English speaking) will meet you at the Airport and transfer you to the Hospital.

**6. Pre-op / Procedure check up** - Your basic examination will be conducted the next morning (general examination, laboratory test, etc.)

**7. Procedure** - You will undergo the required treatment plan with a team of specialist Doctors.

**8. Post Op** - After treatment, you shall stay at the chosen accommodation for prescribed days of stay in the hospital with one attendant (on choice).

**9. Leave to your country**

**10. Medical follow up**





[www.zulekhahospitals.com](http://www.zulekhahospitals.com)